



# *Seven Pulsations of the Colour Rays*

A HANDBOOK  
FOR THE COLOUR CHARTS

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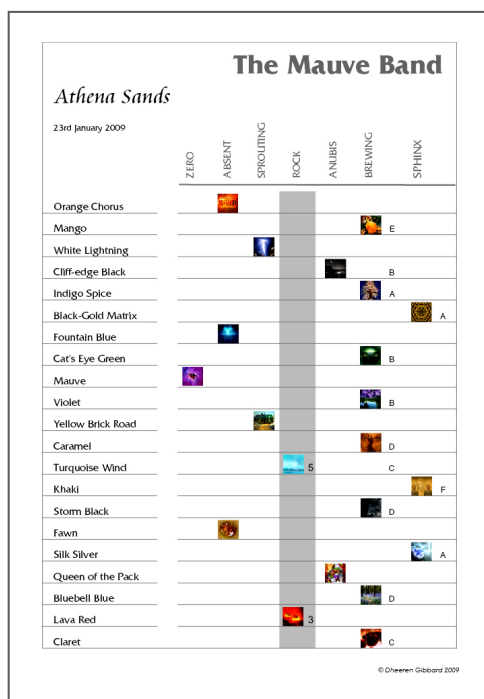
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# THE SEVEN PULSATIONS

The most profound way of deepening the experience of the Colour Rays is by having a Colour Chart. Each Colour Chart is personal and unique, outlining your strengths, gifts and challenges.

You can receive a Colour Chart for each band of 21 colours.

Colour Charts are individually channelled and can be periodically updated. Like a mirror, they reflect how you are opening to the energies, where you are contracting, and how you are responding to events in your life. They can help you immensely in the great journey of self-understanding.



The Charts show each Colour Ray resonating with a particular Pulsation. The Pulsation indicates the strength, the intensity and the focus of that Colour energy as it interacts, moves and flows within you.

The seven Pulsations, as shown on the Colour Chart on the left are:

1. Sphinx
2. Brewing
3. Anubis
4. Rock
5. Sprouting
6. Absent
7. Zero.

# 1. SPHINX RAYS

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*From the ethers in the beginning was Breath. The soft coloured breaths of the ethers attracted to them Beings who wanted to take form in the new experiment on the planet Earth.*

*Each breath-mist contained within it the essence of a soul-potential for development in the 3D state. Each soul stirred and some melted with the coloured breaths, before, like little droplets of energy, the mists condensed into form.*

*They moved out of love, out of adventure. Some decided to develop the properties inherent in the mists of Black. Some decided to develop the properties inherent in the Chocolate mists. Some decided to develop the properties inherent in the Sky Blue mists.*

*This is the origin of the Sphinx Rays. They were imparted to you, or chosen by you, before your series of incarnations upon the Earth: you became melted-in with your particular Sphinx Ray.*

*Nothing you can do can change the first impact of the Rays, which have stayed with you and will stay with you unceasingly throughout your sojourn on Earth. They have become a part of you and though you may easily forget them, or even ignore them, they are with you, breathing with you. They are a deep-rooted part of you that cannot be extinguished.*

Sphinx Rays belong to your Soul-essence – they are eternal, an irrevocable part of your nature. Their music plays around your being, in all its subtleties and brilliance, constantly – they are the symphony of your soul.

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A Ray cannot be developed into a Sphinx, nor can a Sphinx ever be destroyed. However, Sphinx Rays can become Rocks when the streaming energy which naturally pours through you has become stuck. Then they form a special category called “Rock-Sphinxes”.

They remain Sphinxes, although their potency is thwarted for the moment. When these Rocks crack, they become full Sphinxes once again.

## 2. BREWING RAYS

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A Brewing Ray is a strong Ray which has been developed by you through work either in past lifetimes or in this one. It has been “distilled” through experience, and is slowly becoming part of your essential nature. The Ray has become a Brewing through struggle, through intention, through awareness, and most importantly, through the love needed to develop and absorb that Ray.

When you are Brewing on a Ray, the energy of the Ray is able to flow freely and strongly through you and you are master of it. It is able to shine through you like a beacon, touching those whom it needs to touch, reaching to those places on the planet that need its love.

Brewing Rays are always evolving – changeable and molten – but they cannot develop into Sphinxes. A Brewing Ray matures through experience in Earth lives, whereas a Sphinx Ray is eternally part of your Soul-essence throughout Time.

A Brewing Ray can become a Rock, and often does. When the energy of a Brewing Ray is not being used, shared or allowed to pass through, it can become stuck. If one continues to block the passage of the Ray, it becomes fixed and finally fossilizes into a Rock.

Those who are Sphinxes or Brewings on a Ray are also known as *adepts* on that Ray. They are intimate with the Ray and know its intricacies and its secrets. Only adepts can easily share the energy of

a Ray with others, because they know the subtleties of a Ray, and the myriad ways that it can weave its magic over those who are thirsty for its love.

## *Sphinx and Brewing Ratings*

In the Colour Charts, Sphinxes and Brewings are given a rating according to how much the energies of the Ray flow through you:

<i>Sphinx/Brewing A</i>	This Colour is flowing effortlessly and magnificently, like a glorious symphony.
<i>Sphinx/Brewing B</i>	This Colour moves through you strongly and with confidence.
<i>Sphinx/Brewing C</i>	The energies of this Ray flow through reasonably well.
<i>Sphinx/Brewing D</i>	You are a bit lazy with sharing this Colour.
<i>Sphinx/Brewing E</i>	You are being asked to be more aware of this Colour energy in your life.
<i>Sphinx/Brewing F</i>	Why so halting and hesitant? This Ray is on the verge of stagnating into a Rock.

## *Echoes*

Sphinxes and Brewings with an 'A' rating are given Echoes. An Echo represents how much you have been used on that particular A-Sphinx or Brewing Ray over the past three months.

Echoes range from 10 to 70. A high Echo of 60 or 70 indicates that your transmissions on that Ray are reaching the far edges of the universe, or transmissions from the far edges of the universe are reaching you.

A 20 or 30 Echo suggests that the Ray has not particularly been in strong operation through you over the last few months but that does not change its status as an A Brewing or Sphinx.

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### 3. ANUBIS RAYS

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Anubis is the ancient Egyptian symbol of the Protector. When a Ray is in the Anubis stage, its energy is being nourished and protected while it develops and grows. The energies of the Ray are gathering and ripening inside you, before they can burst forth into a brilliant Brewing.

If you are an Anubis on a Ray it means that the Ray can flow fairly freely through you but you are still becoming used to these energies. Often this is an unconscious process: it is happening and you are not aware of it. An Anubis suggests that the energy needs to be contained within certain boundaries so that you can become more and more familiar with it: you are on the road to becoming an adept on that Ray.

An Anubis AB, or “Anubis near Bursting” is a category of Anubises. It describes when an Anubis is just on the brink of being a Brewing. It is almost bursting, but there may be something which is holding that particular Ray back from becoming a blossoming, frothing Brewing.

An Anubis can become a Rock when the energy becomes stuck in the over-containment and over-protection of a Ray. The energy may be ready to become a Brewing but some hold-on is preventing it from taking place.

An Anubis Ray can also become a Rock through overuse, its energy getting dissipated before it is ripe.

It is a matter of balance. The key is to keep moving with the quiet, inner momentum which is building within the Anubis – the momentum which is taking you to adepthood and mastery of that Ray in its Brewing magnificence.

## 4. ROCK RAYS

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A Rock on a Colour means that this Ray can come through you strongly, but there is a resistance to it. Rocks are temporary, and will change, but they are a dramatic way for Existence to bring something to your attention.

There are many reasons why a Ray will manifest as a Rock *at this time*:

- It may be that some inner conditioning or mind-set is creating a resistance to this energy – and it is time for this to shift.
- Perhaps you are being asked – and are ready – to face a certain aspect of yourself that you are not comfortable with.
- Perhaps you are frightened by the immensity of this particular Ray – a fear of the unknown, a fear of your own vastness.
- Sometimes you are simply blocked in your energy because you *need* to release this Ray more, allow it through more!

Rocks point out unconscious aspects within ourselves. They reflect where we are holding on. Often this can create a tension or pain in the body, mind or spirit. But know that if you are experiencing the pain of a Rock, then you are halfway there to seeing it, confronting it, and dissolving it.

Rocks also represent potential that is not being used, and a high number of Rocks on your Colour Chart means that you have much unused potential. So much is wanting to pour through you but it is on hold! Perhaps there is a fear of moving on?

Do not be depressed by your Rocks; rather, rise to their challenge. Their challenge is to go beyond. And as you unlock your Rocks, you gain a deeper understanding into your holy self.

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## *Rock Densities*

There are 5 levels or densities, each reflecting the current state of the Rock.

*Rock 0* Wow. A huge Rock, and its roots go deep. It could be hard to feel as a numbness may have set in. You need to ask for help to see the patterns held here.

*Rock 1* Still a very dense Rock. It requires a deep, penetrating awareness to see through the layers.

*Rock 2* Much more work and attention is needed on this Rock.

*Rock 3* A Rock with a hole. There is hope. Keep bringing your consciousness to this Rock.

*Rock 4* A Rock that should not be too difficult to crack. Give more energy and focus to the cracking.

*Rock 5* A Rock nearing meltdown. Cruise, there is not far to go.

## *How do you unlock the energy of a Rock?*

### *Witnessing*

Witnessing is the key to unlocking any Rock. Just be aware of your Rocks – watching, witnessing how they might manifest in your life. All is in witnessing: witnessing the areas of unconsciousness.

The soul, like a diamond, has many facets, and it takes a long time to be aware of each facet of the self. Sometimes it is a great shock; it is hard to hold up a mirror to yourself and see what is exactly there. Sometimes the Rock gets a little harder because there are some elements of yourself which keep slipping out of sight.

Recognize and embrace your fears, be kind to them, be gentle and

treat them as if they are a friend. Allow your fears to be there, to be a temporary guest in your house. Then you can see them and witness them, and this will help you to relax beyond them.

### *Consciousness*

So often you do not realize, or are not conscious, when you are tightening up. Awareness is the key. Be aware when you feel you are in a tight ball. Be aware when your shoulders are tightening, when your body is not breathing. *Be aware!* If you are aware, you can break the pattern of the conditioning.

The more you witness, the more a colour becomes renewed. It becomes experienced afresh. Its meaning comes to you in your soul. It reaches you, touches and fills you. A light concentration on the Rays achieves results. If you are too hard and serious then the whole point is lost. In feeling the colours an energy comes which releases that colour from your soul. Then it can begin to work in you, and become a part of you, and a part of all that you are.

### *Help from an Adept*

Someone who is a Sphinx or Brewing on a Ray can help you to unlock that colour for you. They can help to reawaken your Rocks so that you become more aware of their energy.

You can receive help from an adept up close, in person, or from a distance. If you are open to their energy, then physical proximity is not necessary. It can happen through simply washing dishes together, or through a formal energy transmission. You only need to allow the Rays in and transformation can happen.

### *Meeting your Rocks in Meditation*

Visualizations and journeying to the Colour Ray Mansion to visit the Masters of the Rays are a potent tool for understanding our Rocks. They give us the opportunity to meet the energy of our Rock and

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contemplate it in a non-threatening environment.

Delving deeply into our subconscious, we can spontaneously experience why and how the energy of the Ray is repressed. The secrets of the Rocks are unveiled and we witness, with detachment, our internal dramas.

*[To find out more about journeying, visit [www.vision-voyages.com](http://www.vision-voyages.com)]*

## 5. SPROUTING RAYS

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A Sprouting Ray is a Ray which is just budding within you. It sings through you softly and tentatively, as though you are learning a new song.

Sprouting Rays have a springtime simplicity and freshness. They are full of bursting potential: the secrets of the Ray waiting to be explored. However, this is a Ray in its infancy, and it is only channelled through you in small, homeopathic doses.

Often when a Rock has been cracked, it will become a Sprouting Ray. Now you are learning to experience the Ray with a new awareness and appreciation, with the eyes of a new-born.

A “Strong Sprout” on your Colour Chart indicates a Ray which is quivering with expectancy, ready and eager to move on in its journey towards adepthood.

Just enjoy these Rays in their youthful freshness. Tend them, nourish and encourage them. But mostly, allow them to grow and unfold within their own time-frame upon the Earth.

## 6 & 7. ABSENT & ZERO RAYS

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If you are an Absent or a Zero on a colour it is as if the volume has been turned down on that Ray. It is rarely passing through you and not making much of an impact.

An Absent or a Zero is the beginning of the journey. When a Rock cracks and it becomes a Zero or an Absent, all the karma accumulated with that colour has been dismissed. When you have a Rock on a colour, you can do things out of unconsciousness which harm and hurt others and yourself. When that Rock has been cracked through bringing sufficient consciousness to it, the slate is wiped clean: it becomes a Zero or an Absent.

Now you need to allow the emptiness to be there as far as that Colour Ray is concerned. When it is the right time, the Ray will develop itself again, and become a Sprouting, an Anubis or even rush into a Brewing.

### *Absent Rays: Meditate on it*

An Absent Ray is a beginning. There is potential for development here. As you play with this energy, meditate with it, muse upon it, and encourage it, slowly it grows within you. With an Absent Ray you are encouraged to be aware of that Ray, and to help its development in a relaxed way.

### *Zero Rays: Forget about it*

If you are a Zero on a Ray, just allow it to be as it is. A Zero cannot be forced to develop. You cannot do anything to make it grow. It may change and shift, but it will be of its own doing. It may still stream forth, but you can do nothing to encourage it. If it streams forth, it will stream forth of itself; it will be the tune of the Existence that is playing, encouraging this colour to yield up its secrets once

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again to you. Just enjoy it when you experience it, but do not try to progress on that Ray.

*“It is such a beautiful feeling – Zero and Absent. One might feel Zeros and Absents are low key, low energy. Actually it just means it is a clean sheet, and then slowly, in your own time – no hurry, no rush – you can begin the journey to the foothills of Sprouting! And in the distance you can see the far, far hills of Anubis and somewhere beyond that are the golden sands of Brewing and adeptness. But Zero and Absent: the journey has yet to begin.”*

If your Major Ray is a Zero or Absent, it is likely that some deep healing has occurred. You are now being handed a clean slate, a ‘*tabula rasa*’. You are asked to create your own story, to make a fresh beginning with this Ray.

## OTHER PUBLICATIONS

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### THE MAUVE BAND COLOUR CARDS

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### RAINBOW REVELATIONS

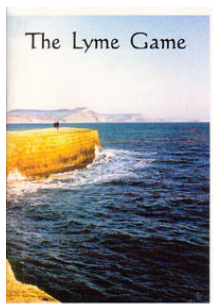
Similar to a weekly astrology reading, Rainbow Revelations are Colour readings specifically channelled for that week.

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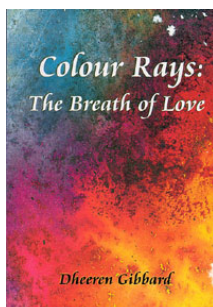
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## COLOUR RAYS: THE BREATH OF LOVE

by Dheeren Gibbard

This in-depth practical handbook describes the essence and meaning of 84 Rays. Colour Rays unveils lost techniques of drawing the energies of other dimensions towards the Earth.

£ 22.00 includes 2 Colour Ray Graphs. Incl p&p

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For a deeper exploration of the Colours, to learn Shamanic Journeying with the Colour Rays, or to join the Colour Atheneum and more, visit

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