



THE COLOUR ATHENAEUM

The Earth Band

Purple – Co-creation

Purple manifestation magic happens when the blue from father Sky trickles down to meet the red from mother Earth.

We are destined to experience the love and abundance of the universe on all levels: materially, emotionally and spiritually. Many people play with manifestation energies and desire to master the gifts of Purple, but to what end: serving their egoic needs or the needs of the soul?

Purple used in alignment with the soul is a blessing and purple used in service of the ego creates a mess for which we will be held accountable.



Journal, Create, Explore

JOURNAL :

- Describe your relationship with the powers of Purple manifestation. When you really wish to birth something into form and bring it into creation, what actions do you instinctively take?
- Consider these areas in your life and write your ideal scenario in each one as if it has already happened. If you don't wish to write, make a 'Vision board' using collage or paint a picture to embody the energy you wish to generate.
 - a. Money and Finance / Career and Work
 - b. Health and Fitness / Fun and Recreation
 - c. Environment / Community

d. Friends and Family / Partners and Love

e. Growth and Learning / Spirituality

2. CREATE /ACTIONS:

- Wear Purple. Make Purple food. Boil red cabbage, drink purple grape juice, eat purple sproutings, aubergines (eggplants), plums, blackberries, black currants. Choose to absorb the energy of purple as you eat. Record your observations.
- Create a mandala, collage or painting based on the essence of Purple. Gaze lovingly into its centre for 5 minutes a day with the intention to attune to the RAY. Enjoy the energy transmission. You can do this in silence or you can play music you love or chant with your mandala.
- Create an abundance altar in your home preferable in the southeast corner. (This is the place of material abundance according to the rules of Feng Shui.) Place images and objects of abundance to activate that energy in your life. If you have amethyst crystal place it there with your Purple affirmation or wish-list created above.

[After you have journeyed to Purple for guidance about your list!] You might wish to have a picture or statue of Lakshmi who is the Hindu Goddess of wealth and good fortune. You can ask Her about channeling your Purple Ray!

3. EXPLORE: Suggested Journeys

- Ask Purple to show you significant moments in your evolution where the Purple Ray played a pivotal role.
- Journey to Purple and ask to be shown the difference between co-creation and manipulation. (This is a Medicine for the Earth journey, shared by Sandra Ingerman.)
- *"Not my will but thine be done."* Ask Purple to help you discover a desire of your ego and what that feels like energetically. Ask Purple to show you a desire coming from the deepest part of your soul and what that feels like. Then ask Purple for a dismemberment and healing to remove obstacles blocking your soul manifesting its true purpose.
- *When you have trouble Journey to Purple and ask for a teaching around the: "Recognition of the synchronicity and harmony of all that exists."*
- Take the affirmative stories or vision board you have created in the journaling

section. Ask Purple firstly for guidance and secondly for homework in the form of healing rituals that will help you to see and understand what you need. Sometimes we aren't even clear about what we need – what is feeding our ego and what is feeding our soul. Ask how often you should do the ritual.

- Ask Purple to show you what your soul came to this Earth to manifest. Ask for a Purple for guidance around that and a power-song to help you embody the energy and bring it into manifestation.